

*Every soul has come here on a mission. Our souls chose our parents. Our circumstances. Where we were born. And our souls have missions...reasons for coming to this earth to seek the next evolution of the soul.*

*We choose our fears and our greatest pains in life so that we can use them as fuel to help us reach the next level of evolution. When we turn away from fear in our careers and our soul's great work, we make our most courageous choices; We take steps in a new direction; We stand in our truth.*

*Some people know for sure their mission in life and stick to it. Others have forgotten because of society's rewiring, and need to remember or rediscover their soul's mission.*

### **Here are some ways to rediscover or remember your mission:**

1. **Identify the synchronicities that are happening in your life:** The people you're meeting, the events you're being invited to, the books people recommend to you. Are there patterns? Through taking notes and self documentation, you may start to notice patterns and messages.
2. **Work with your natural skills and talents and get a career reading** so that you can uncover what your soul's path truly is through numerology and astrology.
3. **Try new things and get out of your comfort zone.** See what sticks. Ask people you admire for informational interviews. Hold a class. Publicize an offering. See what people around you want and need.
4. **Create something.** Maybe it's a podcast; a blog; a 30-day writing challenge. A radio show. Make something that gets people interested in what you have to offer.
5. **Make process-based goals so that you are committed to a process instead of the results.** This will also help you with discovering the patterns and messages going through.
6. **Get a business coach or accountability partner** if you struggle with focusing or next steps so that you can stay on track and get professional support around your goals.